

LA VERNIA HEAT VOLLEYBALL CLUB

Athletes' Code of Conduct

As athletes of the La Vernia Volleyball Club (LVVC), we will conduct ourselves in a manner as outlined by the following CODE.

- 1) LVVC welcomes and encourages support of all teams during competition. We will conduct ourselves accordingly by:
 - a) cheering LVVC teams for their play and NOT jeering or harassing the opponent's team, officials, or work teams for their performances;
 - b) realizing that the officials and their work teams are attempting to do the best job they can to referee the game fairly, but it is up to the LVVC teams to win or lose the game. Therefore, we will conduct ourselves with appropriate sportsmanship;
 - c) acknowledging the LVVC athletes are relative beginners in the sport of volleyball and will make mistakes – probably at critical times in a match. We will be patient and supportive through these times for all athletes we are around; and,
 - d) realizing that coaching is NOT a science and that all coaches will make decisions that are popular and unpopular. However, we believe that every member of the LVVC coaching staff acts in the best intentions of the LVVC program, the best intentions of the team and the best intentions of each and every athlete. We may not agree with every decision they make, but we will respect that decision.
 - e) refraining from talking to parents during practice or games. Athletes need to concentrate on the game and listen to their coaches.
 - f) refrain from talking to scorekeepers during tournaments.

- 2) We will make every attempt to help our parents get us to practices, tournaments and team functions on time. We understand it is crucial to the betterment of our team to attend every practice and tournament scheduled.

- 3) We will call our Head Coach, Assistant Coach or Team Representative, at least 1 day before, whenever it is not possible to attend a practice. (Each athlete, along with coaches and parents, will be given an opportunity at the beginning of the season in which to list school or church conflicting tournament dates.)

- 4) We will conduct ourselves in a manner which will be a benefit to the team and organization by practicing the following:
 - a) speaking to team athletes, parents, all coaches, club officers or other LVVC team members whenever possible. (There is nothing as nice as a cheerful word of greeting.)
 - b) smile at people. (It takes seventy-two muscles to frown and only fourteen to smile.)
 - c) try to call people by their name. (The sweetest music to anyone's ears is the sound of his or her name.)
 - d) be friendly and helpful.
 - e) be cordial. (Speak and act as if everything you do is a genuine pleasure, making sure it is.)
 - f) be genuinely interested in people. (You can find something interesting about every person.)
 - g) be generous with praise and cautious with criticism.
 - h) be considerate of the feelings of others. (It will be appreciated.)
 - i) be thoughtful of the opinion of others. (There are three sides to a conversation/argument: yours, theirs and the right one!)
 - j) be alert to give service. (What you do for others is important.)

- 5) We recognize there may be a need for fundraising and that we must participate in fundraising for the club. Fundraising may include participating in specific events or soliciting contributions.
- 6) If we have concerns or questions about our status with regard to our team, we will follow the process of discussion described below in order to understand the situation:
- a) We will request a meeting with the head coach before or after a practice. No discussion will take place during practice time or on days of competition.
 - b) If concerns still exist we may request through the head coach of the team a meeting involving the coach, our daughter and ourselves.
 - c) If concerns still exist on behalf of either party, we may request through the head coach of the team a meeting involving the Club Directors, head coach, my parents and me. The Director may ask for the player's team representative to attend the meeting. After this meeting, the matter will be resolved and considered closed.
- 7) We fully recognize that we will be seen by others as athletes of LVVC and we will conduct ourselves accordingly at all times.
- 8) If we do not behave in a manner consistent with the sportsmanship and professionalism LVVC requires from its parents and coaches, we may be asked to refrain from attending practices and tournaments.

We understand and will abide by the LVVC Athlete Code of Conduct as stated above.

Athlete's Printed Name

Signature

Date

LVVC would like to welcome you to our organization and hopes your family enjoys the unique relationship shared by all who enjoy the sport of volleyball.